



Colville Community Senior Center – The Hub

Address: 231 W Elep Avenue

Colville, WA 99114-5104

Phone: 509-675-1479

"Your Place to Come Together"

August, 2020

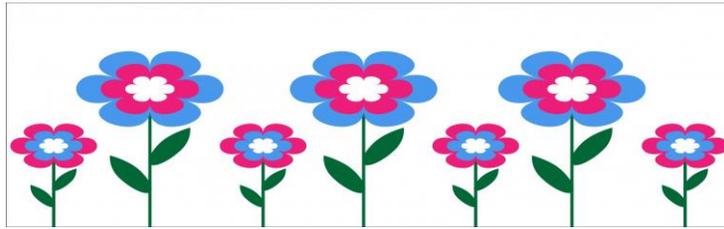
September 2020



The President's Corner

Along with the other recently elected new board members, I have spent the last month learning about the Senior Center's past history, activities and operation. I have been impressed with the work that former board members and other volunteers have done. I feel grateful to live in a community that values their senior citizens and provides this kind of service.

We are working on finding solutions to the challenges brought about by the coronavirus pandemic and looking at creative ways to meet the needs of our members. As we do so, we will keep you informed and look for your input. One thing you can do to help, is to take advantage of our take out meal service program. In order to break even with our costs for this program we need to serve around 60 meals per lunch; so, your participation and that of those you may invite can make a big difference.



Greetings

I know that each and everyone of you must have been praying for me during my knee surgery because it has gone so well. First my allergy testing to find an antibiotic I could use, went without a hitch and I know have two antibiotics I can use. The day of surgery went like clockwork and there were no complications! I had made arrangements to stay in Spokane the first day and a half so I would be close to the hospital if I had any allergic reactions. Not only did I have no reactions to any medication, but I had no blood clotting problems either!! I am amazed that I was able to walk upright, right after surgery. Thank you, Dianne Heggen, for taking Bill and me to Spokane and taking care of us while we were there. Thank you, dear friends for your prayers, support, flowers and cards. Launa Hewes



Serving Others

Our Community has done a wonderful job of coming together and helping others during the current Covid 19 crisis. First, our Kitchen Angels volunteered to continue with lunches when everything was shut down. Then our friends from the Rotary volunteered their time to deliver those lunches to any member of the HUB that was unable to drive thru for a meal. Since March, every Tuesday and Thursday, hot, delicious lunches have been cooked, packaged and delivered with out delay. But as our Rotary friends return to their jobs and businesses, we find ourselves in need of more friends willing to don a mask and deliver hot meals. This volunteer act provides our shut-in members with much-anticipated wave thru a window and a much-desired meal. All safety protocols are followed, so that the person receiving the meal and the one delivering are not at risk. Masks, gloves and packaged meals are provided. If you are interested, call Dianne Heggen at 690-7595. Please consider volunteering to deliver meals.



Every ten years, the United States conducts its Census with one big task in mind: to count resident. The Census is coming up during the first half of 2020. The census is used to determine how federal funds are distributed to communities like ours; how we are represented in Olympia and Washington, DC; and how nonprofits like ours serve the community. For the first time ever, the government will be requesting that households respond the Census online. In the near future, your household will be receiving a notice from the U.S. Census Bureau that contains instructions for completing the survey. Please look out for the letter and keep it so that you can participate. We know many of you may feel nervous or uncomfortable about supplying information to the government. However, it is important for all of us to remember that long-standing laws are in place to prevent the misuse of data.

The VFRC Colville Food Bank would like to register 100 households before September 30th. If you have not registered, please call 684-2971 or stop by to register at this location.

The Census offers a unique opportunity to have your voice heard and counted, so make sure you plan to complete the Census in 2020.



We want to thank Keith and Shannon Miller for once again grooming our grounds. Open or not, the grass keeps growing. THANK YOU!!!

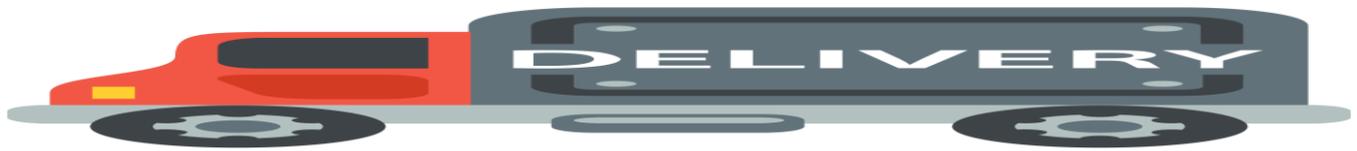
We would like to get some volunteers to help with this endeavor. If interested, please call Kevin at 690-1479.

We are a 501C3 non-profit organization

Federal ID #91-1442690

Your donations are tax deductible

Phone: 509-675-1479 Email: cscthehub@gmail.com Web Site: <http://colvilleseniorhub.org>



Thank You

Thank you, once again, to the HUB members and Rotary members who have spent so much of their personal time delivering meals on Mondays, Tuesdays and Thursdays.

We could use some relief drivers to give these people a break. Please contact Dianne Heggen at 690-7595. Thank you

Invite Someone to be a member...

Membership

Thank you to all of you who have willingly renewed your membership or have recently become a member. We appreciate your continued support of our "Place to Come Together". Please tell your friends about the HUB and what you enjoy here and encourage them to become members.



WE ALWAYS NEED VOLUNTEERS!!

**IF YOU WOULD LIKE TO HELP LET US
KNOW!!**

Featured Corporate Sponsor

Hewes Marine Co., Inc.

Hewes Marine Company, Inc. (HMC), maker of Hewescraft boats, has been a support to the Colville, WA community for more that 70 years. Many people know the story of how Bob and Ralph Hewes began building aluminum boats for themselves and their friends after World War II, but few understand how HMC has changed over the past several decades while strengthening its support for Colville and the surrounding tri-county area.

After its founding in 1948, HMC solidified its reputation for building affordable and dependable riveted aluminum boats that sold throughout the Pacific Northwest. 'boats from ten to 16 feet provided fishermen and families with simple boating solutions throughout the 1950's and 1960's. Then, during the 1970's and 1980's, boats from 18 to 22 feet were also added to the Hewescraft lineup to satisfy the demand for increasing versatility and ruggedness from the Pacific Northwest boater. During the 1980's and into the 1990's, welded hulls began to be the standard in the aluminum fishing boat industry, and by the year 2000, Hewescraft boats were exclusively built with all-welded hulls.

Today, Hewescraft is sold at dealerships throughout the United States and Canada, and is the #1-selling boat built in the Pacific Northwest. No longer a small-boat brand, the Hewescraft lineup incudes nine model families featuring boats from 16 to 30 feet in length. Many models include hard-top cabins, sleeping amenities, and even kitchen and bedroom options.

Although Bob and Ralph Hewes have since passed on, Hewes Marine Company continues to be family owned and is guided by the second-generation leadership of Bill, Launa and Dave Hewes, as well as their hand-picked team of local Directors and Managers. HMC moved into a large, newly repurposed manufacturing space in 2019, and has renewed its commitment to remaining in the Colville area. HMC has seen many changes in the past seven decades, but its core values have not been altered. HMC considers the people who buy Hewescraft boats to be much more than customers, but important members of the Hewescraft family. HMC is also committed to helping the programs and organizations in the Colville area that support its employees and their extended families.



August Menu

Tuesday August 4, 2020

Baked Chicken w/ Peach-Cucumber

Salsa, Zucchini Greek Salad

Garlic Bread, Fruit Salad, Dessert

Tuesday August 11, 2020

Zucchini & Sausage Casserole

Garlic Bread, Carrot & Raisin Salad

Fruit Salad, Dessert

Tuesday August 18, 2020

Turkey Club Sandwich

Lettuce Wedge, Potato Salad

Fruit Salad, Dessert

Tuesday August 25, 2020

Chicken Caprese w/ Pasta

Garlic Bread, Spinach Salad

Fruit Salad, Dessert

Thursday August 6, 2020

Italian Beef Sandwiches

Baked Parmesan Fries

Green Salad, Fruit Salad, Dessert

Thursday August 13, 2020

Chicken Salad Sandwiches

Potato Chips, Greens w/ Artichokes

& Mushrooms

Fruit Salad, Dessert

Thursday August 20, 2020

Stuffed Pepper w/ Beef Casserole

Garlic Bread, Green Salad

Fruit Salad, Dessert

Thursday August 27, 2020

Ground Beef Tostadas,

Chips & Salsa, Charred Corn

Coleslaw, Fruit Salad, Dessert

Please call on Monday to preorder lunch at 509-675-1479

*****All menus are subject to change without notice*****



September Menu

Tuesday September 1, 2020

Reuben Sandwich, Potato Chips
Cucumber Salad
Fruit Salad, Dessert

Tuesday September 8, 2020

Creamy Pesto Chicken, Garlic Bread
Roasted Summer Squash, Green Salad
Fruit Salad, Dessert

Tuesday September 15, 2020

Chicken Enchiladas Chips & Salsa
Grilled Corn Salad
Fruit, Dessert
Happy Autumn!!

Tuesday September 22, 2020

Chicken “n Dumplings, Rolls
Green Salad
Fruit Salad, Dessert

Tuesday September 29, 2020

BBQ Chicken Pizza, Garlic Bread
Green Salad
Fruit Salad, Dessert

****Happy Labor Day****

Thursday September 3, 2020

Polish Hot Dogs, Potato Salad
Wilted Green Salad
Fruit Salad, Dessert

Thursday September 10, 2020

Sesame Ginger Beef, Brown Rice
Asian Cabbage Salad
Fruit Salad, Dessert

Thursday September 17, 2020

Meatball Sandwiches, Roasted Potatoes,
Green Salad
Fruit Salad, Dessert

Thursday September 24, 2020

Pasta Baked w/Rich Meat Sauce
Garlic Bread, Spinach Salad
Fruit Salad, Dessert



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Please Call on Monday to Preorder Lunch at 509-675-1479



_____ 231 W Elep Ave.

Colville, WA 99114

509-675-1479

Monday through Friday, 9:00 a.m. to 2:00p.m. (Leave a Message)

Email: ccscthehub@gmail.com



Consider being a volunteer



CCSC the HUB

231 W Elep Ave.

Colville, WA 99114